

## BIKE COURSE DELAYS

AUGUST 29TH, 2021	
INTERSECTION	TIME IMPACTED
Milliken Mills/Bradbury	6 AM -12 PM
Cascade/Foote	6 AM -12 PM
Cascade/Ross	6 AM -12 PM
Cascade/Waterfall	6 AM -12 PM
Route 1/Flag Pond	6 AM -12 PM
Buxton Rd Route 112/Jenkins	6 AM -12 PM
River Rd/Parker Farm Rd	6:45 AM -10:30 AM
Dow Rd/ Ossipee Trail (25E)	6:45 AM -10:30 AM
Gorham Bypass 112 Rotaries	7:15 AM -10:30 AM
Gorham Bypass/ Route 114 (South St)	7:15 AM -10:30 AM
Route114/ County Road	7:30 AM -11 AM
Portland Rd/ Narragansett Trail	7:30 AM -11 AM
Narragansett Trail/ Old Orchard Rd	7:30 AM -11:30 AM
Watson Mill Rd/ Ricker Rd	7:30 AM -11:30 AM
Ricker Rd /Flag Pond Rd	7:30 AM -11:30 AM
Lincoln Rd/ Flag Pond Rd	7:30 AM -11:30 AM
Ash Swamp/ Hearn Rd	7:30 AM -11:30 AM
Hearn Rd/ Flag Pond Rd	7:30 AM -11:30 AM

## BIKE COURSE IMPACTS

Expect HEAVY DELAYS at Cascade Rd and Route 1/Portland Rd, and at Route 1/Portland Rd and Flag Pond Rd from 6 AM to 12 PM.

## RUN COURSE DELAYS

AUGUST 29TH, 2021	
INTERSECTION	TIME IMPACTED
Milliken Mills Street / Walnut Street	630 AM -4 PM
Walnut Street / Portland Ave	730 AM -4 PM
Cascade Rd / Miles Ave Ext	730 AM -4 PM
Cascade Rd / Ross Rd	730 AM -4 PM
Cascade Rd / Milliken Mills Rd	730 AM -4 PM
Cascade Rd / Old Cascade Rd	730 AM -4 PM
Milliken Mills Rd / Portland Ave	730 AM -4 PM
Milliken Street / Old Orchard Street	730 AM -4 PM
First Street/ Old Orchard Street	730 AM -4 PM

## RUN COURSE IMPACTS

ROAD	IMPACT	TIME
Walnut St	1-way traffic flow, moving WB towards Portland Ave	8 AM to 3 PM
Portland Ave	1-way traffic flow moving SB from Milliken Mills Rd to Miles Ave	8 AM to 3 PM
Milliken Mills Rd & the Eastern Trail	Expect HEAVY DELAYS	8 AM to 3 PM
Old Orchard St and Milliken St/1st St	Expect DELAYS	8 AM to 3 PM
Portland Ave/Saco Ave and Old Orchard St	Expect DELAYS	8 AM to 3 PM

## OLD ORCHARD BEACH IMPACTS

ROAD	IMPACT	FROM	TO	TIME
1st St	Closed	Heath St	Staples St	Friday 8/27 to Sunday 8/29
Milliken St	Closed	Bradbury St	Walnut St.	Sunday 8/29
East Grand Ave	Expect Delays	Old Orchard St	Walnut	6 AM to 8:30 AM
Walnut St	Expect Delays 1-way traffic WB allowed on Walnut (heading towards Portland Ave)			6 AM to 8:30 AM